NEW PRACTICE MEMBER APPLICATION

Name		_Date of Birth/_	/Age	Male/Female
Address	City	<u>'</u>	State	Zip
Phone: CellHo	ome	Cellular Provide	r	
Email Address				
Occupation	Empl	oyer's Name		
Single / Married / Divorced / Widowed	Spouse's Name			
Number of ChildrenNames, Ages & G	Gender			
Who may we thank for referring you?				
LIST THE HEALTH	CONCERNS THAT	BROUGHT YO	<u>U INTO THIS</u>	<u>_</u>
	OFFICE			
Health Concern: List according to severity 0 = no pain 10 = unbeara	this problem able start?	Have you had the problem before? If so, when?	Did the problem begin with an injury?	constant (C) or
Primary:				
second:				
hird:				
ourth:				
CHIROPRACTOR?WHO AND WHEN?	FAVORABLEUNF	AVORABLE (please exp		
	DUE DATE			
PLEASE MARK "P" FOR IN	N THE PAST, OR	MARK "C" FO	OR CURREN	NTLY HAVE:
HeadachesEar Infections	Sinus Issues	Kidney Problems	Sexu	al Dysfunction
MigrainesHearing Loss	Frequent Colds	Bladder Problems	Sleep	o Problems
Jaw/TMJ PainRinging in the Ear	rsThyroid Issues	Menstrual Problem	msTigh	t/Sore Muscles
Neck PainDizziness	Asthma	Prostate Problems	Sport	ts Injury
Shoulder PainLoss of Energy	Chest Pain	Infertility	Sciat	tica
Arm PainNervousness	Heart Problems	Fibromyalgia	Arthi	ritis/Joint Pain
Upper Back PainDouble/Blurry Vis	sionNausea	Epilepsy/Convulsi	ionsGER	D/Gastric Reflux
Mid Back PainAnxiety	Ulcers	Tremors	Num	b/Tingling in Arms/Ha
Lower Back PainADD/ADHD	Digestive Issues	Disc Problems	Num	b/Tingling in Legs/Fee
Hip/Leg PainLoss of Balance	 Diarrhea	Scoliosis		each Problems
Knee PainDepression	Constipation	Poor Posture		/Low Blood Pressure
Foot PainAllergies	Bed Wetting	Skin Problems		culty Breathing

PLEASE MARK "P" FOR IN THE PAST, OR MARK "C" FOR CURRENTLY HAVE: __SPINAL SURGERY______SEIZURES STROKE ___CANCER ___HEART ATTACK SCOLIOSIS SPINAL BONE FRACTURE __DIABETES___OSTEOARTHRITIS_RHEUMATOID ARTHRITIS_OTHER CONDITIONS/DISEASES LIST ALL SURGICAL OPERATIONS AND YEARS: _____ LIST ANY OTHER INJURIES TO YOUR SPINE, MINOR OR MAJOR, THAT THE DOCTOR SHOULD KNOW ABOUT: LIST ALL OVER THE COUNTER & PRESCRIPTION MEDICATIONS YOU ARE ON: WHEN WAS YOUR LAST AUTO ACCIDENT? HAVE YOU HAD PREVIOUS CHIROPRACTIC CARE? YES/NO IF YOU HAVE, DR. & DATE HAVE YOU EVER BEEN KNOCKED UNCONSCIOUS? YES/NO FRACTURED A BONE? YES/NO IF YES TO EITHER OF THE ABOVE, PLEASE DESCRIBE: OTHER TRAUMA: SOCIAL HISTORY **1. SMOKING:** How often? □ Daily □ Weekends □ Occasionally □ Never How often? □ Daily □ Weekends □ Occasionally □ Never 2. ALCOHOL: 2. EXERCISE: How often? □ Daily □ Weekends □ Occasionally □ Never 3. How does your present problem affect the following: HOBBIES - RECREATIONAL ACTIVITIES - EXERCISE *PLEASE MARK the areas on the diagram with the following LETTERS to describe your symptoms: R = Radiating B = Burning D = Dull A = Aching N = Numbness S = Sharp/Stabbing T = Tingling What relieves your symptoms? What makes them feel worse? **List Your Current Health Goals Below HEALTH GOAL** DATE TO ACCOMPLISH SIGNIFICANCE OF GOAL Ex: Get rid of my headaches 1/1/2016 I want to play with my kids without pain, be able to spend more time with my family and have more energy. 1.

ACTIVITIES OF DAILY LIVING

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

ACTIVITY:		<u>EF</u>	FECT:	
Carrying Groceries	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sit to Stand	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Climbing Stairs	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Pet Care	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Driving	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Extended Computer Use	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Household Chores	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Lifting Children	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Dressing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Shaving	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sexual Activities	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sleep	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Static Sitting	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Static Standing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Walking	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Washing/Bathing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sweeping/Vacuuming	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Dishes	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Laundry	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Yard work	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Garbage	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Concentration (Reading)	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Other:	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Other:	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Signature:			_Date/	/

QUADRUPLE VISUAL ANALOGUE SCALE (QVAS)

Please **circle** the number that best describes the question asked. If you have more than one complaint, please answer each question for each individual complaint and indicate the score of each complaint.

XAMP	LE:										
		N	o pain							v	ا Vorst possible
				0	1 2	3 4	5 6	7) 8	9 1	.0	
How	/ would	d you rate	your pa	in RIGHT	NOW?						
		,	, ,								
	0	1	2	3	4	5	6	7	8	9	10
Wha	at is yo	ur typical	or AVER	AGE pain	?						
	0	1	2	3	4	5	6	7	8	9	10
Wha	at is yo	ur pain le	vel at its	BEST? (H	low close	to 0 do	es your p	ain get a	t its best?)	
	0	1	2	3	4	5	6	7	8	9	10
	Wha	it percent	age of yo	our awake	e hours is	your pa	in at its b	est?	%		
Wha	at is yo	ur pain le	vel at its	WORST?	(How clo	se to 10	does you	ır pain ge	et at its w	orst?)	
	0	1	2	3	4	5	6	7	8	9	10
	Wha	it percent	age of yo	our awake	e hours is	your pa	in at its v	vorst?	%		
actic	e Mem	ber Name	e:					Date	e:		
ore: (01	+Q2	+Q4:	= /3x	10=	(Low Int	ensity = <	<50; High	Intensity	= >50)	

INFORMED CONSENT FOR CHIROPRACTIC CARE

CHIROPRACTIC CARE, LIKE ALL FORMS OF HEALTH CARE WHILE OFFERING CONSIDERABLE BENEFITS MAY ALSO PROVIDE SOME LEVEL OF RISK. THIS LEVEL OF RISK IS MOST OFTEN VERY MINIMAL, YET IN RARE CASES, INJURY HAS BEEN ASSOCIATED WITH CHIROPRACTIC CARE. THE TYPES OF COMPLICATIONS THAT HAVE BEEN REPORTED SCONDARY TO CHIROPRACTIC CARE INCLUDE: SPRAIN/STRAIN INJURIES, IRRITATION OF A DISC CONDITION, AND RARELY, FRACTURES. ONE OF THE RAREST COMPLICATIONS ASSOCIATED WITH CHIROPRACTIC CARE OCURRING AT A RATE BETWEEN ONE INSTANCE PER ONE MILLION TO ONE PER TWO MILLION CERVICAL SPINE (NECK) ADJUSTMENTS MAY BE A VERTEBRAL INJURY THAT COULD LEAD TO A STROKE.

PRIOR TO RECEIVING CHIROPRACTIC CARE IN THE CHIROPRACTIC OFFICE, A HEALTH HISTORY AND PHYSICAL EXAMINATION WILL BE COMPLETED. THESE PROCEDURES ARE PERFORMED TO ASSESS YOUR SPECIFIC CONDITIONS, YOUR OVERALL HEALTH AND IN PARTICULAR YOUR SPINAL HEALTH. THESE PROCEDURES WILL ASSIST US IN DETERMINING IF CHIROPRACTIC CARE IS NEEDED, OR IF ANY FURTHER EXAMINATIONS OR STUDIES ARE NEEDED. IN ADDITION, THEY WILL HELP US DETERMINE IF THERE IS ANY REASON TO MODIFY YOUR CARE OR PROVIDE YOU WITH A REFERRAL TO ANOTHER HEALTH CARE PROVIDER. ALL RELEVANT FINDING WILL BE REPORTED TO YOU ALONG WITH A CARE PLAN PRIOR TO BEGINNING CARE.

I UNDERSTAND AND ACCEPT THAT THERE A THE EXAMINATION THAT THE DOCTOR ADJUSTMENTS		IIROPRACTIC CARE, INCLUDING SPINAL
PRINT PRACTICE MEMBERS NAME HERE		
PRACTICE MEMBER'S SIGNATURE OR GUAR	DIAN SIGNATURE	DATE
IF THIS HEALTH PROFILE IS FO	OR A MINOR/CHILD, PLEA	SE FILL OUT AND SIGN BELOW
<u>\</u>	WRITTEN CONSENT FOR A CHILD	
NAME OF PRACTICE MEMBER WHO IS A MIN	OR/CHILD	
I AUTHORIZE DR. MARC NELSON AND A PROCEDURES, RADIOGRAPHIC EVALU AD AS OF THIS DATE, I HAVE THE LEGAL RIGHT IF MY AUTHORITY TO SELECT AND AUTHOR	ATIONS, RENDER CHIROPRACTIC JUSTMENTS TO MY MINOR/CHIL TO SELECT AND AUTHORIZE HEAI	CARE AND PERFORM CHIROPRACTIC D. LTH CARE SERVICES FOR MY MINOR/CHILD.
	CHIROPRACTIC	
DATE	GUARDIAN <u>SIGNATU</u>	RE AND RELATIONSHIP TO MINOR/CHILD
WITNESS SIGNATURE (OFFICE STAFF)	DATE	

TERMS OF ACCEPTANCE

In order to provide for the most effective healing environment, most effective application of chiropractic procedures, and the strongest possible doctor-practice member relationship, it is our wish to provide each practice member with a set of parameters and declarations that will facilitate the goal of optimum health through chiropractic.

To that end, we ask that you acknowledge the following point regarding chiropractic care and the services that are offered through this clinic:

- A. Chiropractic is a very specific science, authorized by law to address spinal health concerns and needs. Chiropractic is a separate and distinct science, art and practice. It is not the practice of medicine.
- B. Chiropractic seeks to maximize the inherent healing power of the human body by restoring normal nerve functions through the adjustment of spinal subluxation(s). Subluxations are deviations from normal spinal structures and configurations that interfere with normal nerve process.
- C. The chiropractic adjustment process, as defined in the law of this jurisdiction, involves the application of a specific directional thrust to a region or regions of the spine with the specific intent of re-positioning misaligned spinal segments. This is a safe, effective procedure applied over one million times each day by doctors of chiropractic in the United States alone.
- D. A thorough chiropractic examination and evaluation is part of the standard chiropractic procedure. The goal of this process is to identify any spinal health problems and chiropractic needs. If during this process, any condition or question outside the scope of chiropractic is identified, you will receive a prompt referral to an appropriate provider or specialist, according to the initial indications of need.
- E. Chiropractic does not seek to replace or compete with your medical, dental, or other type(s) of health professionals. They retain responsibility for care and management of medical conditions. We do not offer advice regarding treatment prescribed by others.
- F. Your compliance with care plans, home and self-care, etc., is essential to maximum healing and optimal health through chiropractic.
- G. We invite you to speak frankly to the doctor on any matter related to your care at this facility, its nature, duration, or cost, in what we work to maintain as a supporting, open environment.
 - By my signature below, I have read and fully understand the above statements.
- All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my satisfaction. I therefore accept chiropractic care on this basis.

Date)
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Notice of Privacy Practices Acknowledgement

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPPA). I understand that this information can and will be used to:

- 1. Conduct, plan, and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- 2. Obtain payment from third-party payers.
- 3. Conduct normal healthcare operations, such as quality assessments and physician's certifications.

I acknowledge that I may request your NOTICE OF PRIVACY PRACTICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclose to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

(Signature)	(Date)	

File #:_		
DOB:_	_/_	

X-RAY AUTHORIZATION

AS YOUR HEALTHCARE PROVIDER, WE ARE LEGALLY RESPONSIBLE FOR YOUR CHIROPRACTIC RECORDS. WE MUST MAINTAIN A RECORD OF YOUR X-RAYS IN OUR FILES.

AT YOUR REQUEST, WE WILL PROVIDE YOU WITH A COPY OF YOUR X-RAYS IN OUR FILES.

THE FEE FOR COPYING YOUR X-RAYS IS \$15 PER VIEW AND WILL BE EMAILED. THIS FEE MUST BE PAID IN ADVANCED. DIGITAL X-RAYS ON CD WLL BE AVAILABLE WITHIN 72 HOURS OF PREPAYMENT ON ANY REGULAR PRACTICE HOURS DAY. PLEASE NOTE: X-RAYS ARE UTILIZED IN THIS OFFICE TO HELP LOCATE AND ANALYZE VERTEBRAL SUBLUXATIONS. CHIROPRACTIC DOES NOT DIAGNOSE OR TREAT MEDICAL CONDITIONS; HOWEVER, IF ANY ABNORMALITIES ARE FOUND, WE WILL BRING IT TO YOUR ATTENTION SO THAT YOU CAN SEEK PROPER MEDICAL ADVICE.

BY SIGNING BELOW YOU ARE AGREEING TO THE ABOVE TERMS AND CONDITIONS.

DATE

DATE OF BIRTH

PRINT YOUR NAME HERE

SIGNATURE

SIGNATURE		DATE	
DO NOT WRITE BEI	OW THIS LINE • DO NOT WRITE	BELOW THIS LINE • DO NOT WR	ITE BELOW THIS LINE
□ Lat Cervical □ Flex/Ext CM Kvp Time MAS □10-11 □ 78 □1/24 12.5 □12-13 □ □1/20 15 □14-15 □ □1/15 20 □16-17 □ □1/10 30 □2/15 40 MA 300 SIZE 8X10	□ Lower Cervical CM Kvp Time MAS □14-15 □70 □1/10 20 □16-17 □ □2/15 30 □18-19 □ □3/20 40 □20-21 □ □2/10 50 □22-23 MA 300 SIZE 8X10	□ Lateral Thoracic CM Kvp Time MAS □22-23 □80 □1/15 □20 □24-25 □ □1/10 □30 □26-27 □ □2/15 □40 □28-29 □ □2/10 □50 □30-31 □ □1/4 75 □32-33 □ □3/10 90	□ A-P Thoracic CM Kvp Time MAS □16-17 □75 □1/20 17 □18-19 □ □1/15 22 □20-21 □ □1/10 30 □22-23 □ □2/15 40 □24-25 □ □2/10 50 □26-27 □ □1/4 75
□ APOM CM Kvp Time MAS □14-15 □70 □1/10 20 □16-17 □ □2/15 30 □18-19 □ □3/20 40 □20-21 □ □2/10 50 □22-23 MA 300 SIZE 8X10	Other View CM Kvp MASMA Size	□34-35 □ □2/5 120 □36-37 □ □1/2 150 MA 300 SIZE 14X17 □ Lateral Lumbar CM Kvp Time MAS □26-27 □88 □2/10 30 □28-29 □90 □1/4 40	□28-29 □ □3/10 90 □30-31 □ □2/5 120 MA 300 SIZE 14X17 □ A-P Lumbar
Notes:		□30-31 □92 □3/10 50 □32-33 □94 □2/5 70 □34-35 □96 □1/2 90 □36-37 □ □3/5 120 □38-39 □ □4/5 160 □40-41 □ □1 200 □42-43 □ □1 1/2 MA 200 SIZE 14X17	□24-25 □80 □2/15 75 □26-27 □ □2/10 90 □28-29 □ □1/4 120 □30-31 □ □3/10 150 □32-33 □ □2/5 120 □34-35 □ □1/2 170 □36-37 □ □3/5 210 □38-39 □ □4/5 □40-41 □ □1

FAMILY HEALTH HISTORY

THIS FORM IS TO ASSIST THE DOCTORS BY PROVIDING PAST HEALTH HISTORY INFORMATION FOR THEIR REVIEW.

PLEASE PRINT YOUR NAME HERE	DATE

CONDITION	SPOUSE	SON	DAUGHTER	MOTHER	FATHER
HEADACHES					
NECK PAIN					
JAW/TMJ PAIN					
SHOULDER PAIN					
BACK PAIN					
HIP/LEG PAIN					
ARTHRITIS/JOINT PAIN					
EAR INFECTIONS					
HEARING LOSS					
DIZZINESS					
LOSS OF ENERGY					
NERVOUSNESS					
BLURRED/DOUBLE VISION					
ANXIETY					
ADD/ADHD					
DEPRESSION					
ALLERGIES					
SINUS ISSUES					
THYROID PROBLEMS					
ASTHMA					
BREATHING PROBLEMS					
HEART PROBLEMS					
HIGH/LOW BLOOD PRESSURE					
STOMACH PROBLEMS					
BED WETTING					
INFERTILITY					
SCIATICA					
FIBROMYALGIA					
POOR POSTURE					
SLEEP PROBLEMS					
STROKE					
CANCER					
HEART DISEASE					
DIABETES					
ARTHRITIS					
ALZHEIMERS					